

## CHILDREN OBESITY



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### **Obesity Facts Healthy Schools CDC**

Childhood obesity has immediate and long-term effects on physical, social, and emotional health. For example: Children with obesity are at higher risk of having other chronic health conditions and diseases that influence physical health.

<http://ebookslibrary.club/Obesity-Facts-Healthy-Schools-CDC.pdf>

### **Preventing Obesity in Children Causes of Child Obesity**

What Causes Obesity in Children? Children become overweight and obese for a variety of reasons. The most common causes are genetic factors, lack of physical activity, unhealthy eating patterns, or

<http://ebookslibrary.club/Preventing-Obesity-in-Children--Causes-of-Child-Obesity--.pdf>

### **Childhood Obesity Facts Overweight Obesity CDC**

Childhood obesity is a serious problem in the United States putting children and adolescents at risk for poor health. Obesity prevalence among children and adolescents is still too high. For children and adolescents aged 2-19 years 1: The prevalence of obesity was 18.5% and affected about 13.7 million children and adolescents.

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### **Obesity and overweight who int**

The prevalence of overweight and obesity among children and adolescents aged 5-19 has risen dramatically from just 4% in 1975 to just over 18% in 2016. The rise has occurred similarly among both boys and girls: in 2016 18% of girls and 19% of boys were overweight.

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### **Childhood Obesity Trends The State of Obesity**

Obesity rates are higher among Latino children (25.8%) and Black children (22%) than among White children (14.1%) and Asian children (11.0%). Latino boys (28.0%) and Black girls (25.1%) are most likely to have obesity.

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### **Obesity NHS**

The term obese describes a person who's very overweight, with a lot of body fat. It's a common problem in the UK that's estimated to affect around 1 in every 4 adults and around 1 in every 5 children aged 10 to 11.

<http://ebookslibrary.club/Obesity-NHS.pdf>

### **Overweight and Obesity For Parents KidsHealth**

Preventing kids from becoming overweight means making choices in the way your family eats and exercises, and how you spend time together. Helping kids lead healthy lifestyles begins with parents who lead by example. Obesity puts kids at risk for medical problems that can affect their health now and

<http://ebookslibrary.club/Overweight-and-Obesity--For-Parents--KidsHealth.pdf>

### **The State of Childhood Obesity The State of Obesity**

The federal government has several sources that track obesity rates among children and teens, including the National Health and Nutrition Examination Survey and three major studies that track national trends and rates within some states.

<http://ebookslibrary.club/The-State-of-Childhood-Obesity---The-State-of-Obesity.pdf>

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